Free & reduced price meal information can be obtained online or in the school office.

Milk only = \$.50,
BL- Sandwich or wrap w/fruit, veggie and Giant
Graham, (V) = Vegetarian (P)= Pork

Revised 6-25-2018

Menu Subject to Change K - 8 AUGUST LUNCH MENU 2018-2019				
Monday	Tuesday	Wednesday	Thursday	Friday
		1st	2nd	3rd
Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!),100% whole grains and a variety of lean meats using heart-healthy oils and low salt seasonings. Please visit dining.lancerhospitality.com for more information.	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
6th	7th	8th	9th	10th
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
13th	14th	15th	16th	17th
NO SCHOOL	BBQ Chicken Slider Mac & Cheese WG Hamburger Bun Jicama Sticks Zucchini Coins Fresh Banana Ranch Dressing & BBQ Sauce VEG:2/3C.Mac&Cheese ALT:Chicken Caesar Wrap	Sweet & Sour Chicken Meatballs Vegetable Brown Rice Fresh Broccoli Chilled Pineapple VEG:Sweet&Sour Roast Tofu ALT:Turkey Club Sub	Cheese Stuffed Breadsticks Marinara Dipping Sauce Kale & Romaine Salad Pea Pods Fresh Melon Italian Dressing ALT:Southwest Chicken Wrap	Italian Meatsauce WG Penne Pasta Kohlrabi Sticks Carrot Sticks Fresh Grapes VEG:Lasagna Rolls w/Marinara ALT:TurkeyHam Wrap-BL
20th	21st	22nd	23rd	24th
Chicken Flatbread Gyro WG Pita Bread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC VEG:Garden Burger w/pita bread ALT:Italian Cold Cut Combo	Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce VEG:Cheese Quesadilla ALT:Chicken Cheddar Wrap	Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce VEG:Roast Tofu /Orange Sauce ALT:Roast Turkey And Cheese Sandwich	BBQ Beef Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup VEG:Cheese Omelet ALT:Turkey Club Sub	Garlic Cheese Pizza Bread Marinara Sauce Tossed Spinach Sliced Zucchini Fresh Orange French Dressing ALT:Cold Cut Combo- BL
27th	28th	29th	30th	31st
WG French Toast Turkey Sausage Celery Sticks Wango Mango Veggie Juice Chilled Mixed Fruit Syrup PC VEG:French Toast with Cheese Omelet ALT:Turkey Ham & Cheese Sub	Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing VEG:Cheese Sandwich ALT:Chicken Caesar Wrap	Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Shredded Romaine Salad Fresh Strawberries Ranch Dressing VEG:Garden Burger with gravy ALT:Turkey Club Sub	NO SCHOOL	NO SCHOOL