

K-12 NOVEMBER SNACK MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Yogurt Cup Granola	2 Cheddar Cheese Stick Fresh Carrots with Ranch Dressing
5 Cornbread Mandarin Oranges	6 Chex Cheddar Snack Mix 100% Fruit Juice	7 Mini Bagel Jelly Fresh Apple	8 Cheddar Goldfish Cracker Diced Pears	9 WG French Bread Butter Pkt Diced Peaches
12 Chex Cheddar Snack Mix 100% Fruit Juice	13 Cheddar Cheese Stick Fresh Carrots with Ranch Dressing	14 Mini Bagel Jelly Fresh Apple	15 Yogurt Cup WG Cheez-it Crackers	16 String Cheese Pretzel Goldfish
19 Cornbread Mandarin Oranges	20 Cheddar Goldfish Cracker Diced Peaches	21 Yogurt Cup Granola	22 CLOSED FOR THANKSGIVING	23 CLOSED
26 Cornbread Mandarin Oranges	27 Yogurt Cup WG Cheez-it Crackers	28 Mini Bagel Jelly Fresh Apple	29 String Cheese Pretzel Goldfish	30 Cheddar Cheese Stick Fresh Carrots with Ranch Dressing

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."