Free & reduced price meal information can be obtained online or in the school office.

Milk only = \$.50,VEG: = Vegetarian, ALT: Alternate Meal Option, Peanut Butter and Jelly Uncrustables are a daily meal option

Revised 10-18-2018

				Revised 10-18-2018
	Menu Subject to Change	K - 8 DECEMBER LUNCH	I MENU 2018-2019	
Monday	Tuesday	Wednesday	Thursday	Friday
3rd	4th	5th	6th	7th
Chicken Flatbread Gyro WG Flatbread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC VEG:Garden Burger/WG Pita Bread ALT:Turkey Club Sub 10th French Toast Turkey Sausage	Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce VEG:Cheese Quesadillia ALT:Chicken Cheddar Wrap 11th Beef Hot Dog Vegetarian Baked Beans	Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce VEG:Roast Tofu w/organge sauce ALT:Roast Turkey And Cheese Sandwich 12th Chicken Drumstick Loaded Mashed Potatoes	BBQ Chicken Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup VEG:Cheese Omelet ALT:Chicken Caesar Wrap 13th Turkey Cheeseburger Roasted Red Potatoes	Garlic Cheese Pizza Bread Marinara Sauce Tossed Spinach Sliced Zucchini Fresh Orange French Dressing ALTTurkey Wrap-BL 14th Teriyaki Chicken Chicken Egg Roll
Celery Sticks Chilled Tropical Fruit Calypso Crush Veggie Juice Syrup VEG:French Toast w/ Cheese Omelet ALT:Southwest Chicken Wrap	WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing VEG:Hummus \$ Cheese Sandwich ALT:Turkey Club Sub	Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing VEG:Garden burger w/ Brown gravy ALT:Chicken Cheddar Wrap	Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup VEG:Grilled Cheese Sandwich ALT:Turkey & Spinach Sandwich	WG Slider Bun Fresh Broccoli Fresh Apple Sweet & Sour Dip Ranch Dressing VEG:Teriyaki Tofu ALT:Cold Cut Combo-BL
17th	18th	19th	20th	21st
Meatball Hoagie Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Tri Taters & Ketchup Fresh Zucchini & Ranch Chilled Pears VEG:Lasagna Rolls ALT:Turkey Club Sub	Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce VEG:Cheese Quesadilla ALT:Chicken Cheddar Wrap	Chicken Ala King Creamy Mashed Potato WG Tea Biscuit Fresh Broccoli Fresh Melon Butter PC Ranch Dressing VEG:Garden Burger w/Brown Gravy ALT:Roast Turkey And Cheese Sandwich	NO SCHOOL	NO SCHOOL
24th	25th	26th	27th	28th
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
31st	01/01/18	01/02/18	01/03/18	01/04/18
Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!),100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.	No School	Beef Nachos Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Salsa ALTERNATE: Chicken Cheddar Wrap	Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon ALTERNATE: Turkey & Spinach Sandwich	Italian Meatsauce WG Penne Pasta Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing ALTERNATE: Pizza or Turkey & Swiss Ciabatta