

LANCER

DINING SERVICES

Revised 04/23/2019

Menu Subject to Change K - 8 JUNE LUNCH MENU 2018 - 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lancer Dining Services does not use pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>				
3-Jun	4-Jun	5-Jun	6-Jun	7-Jun
French Toast Turkey Sausage Celery Sticks Chilled Tropical Fruit Calipso Crush Juice Syrup ALTERNATE: Southwest Chicken Wrap	Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Fresh Carrots Fresh Banana Ketchup Ranch Dressing ALTERNATE: Turkey Club Sub	Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing ALTERNATE: Chicken Cheddar Wrap	Turkey Cheeseburger Roasted Red Potatoes Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup ALTERNATE: Turkey & Spinach Sandwich	Teriyaki Chicken Chicken Egg Roll WG Slider Bun Fresh Broccoli Fresh Apple Sweet & Sour Dip Ranch Dressing ALTERNATE: Pizza or Turkey & Swiss Ciabatta
10-Jun	11-Jun	12-Jun	13-Jun	14-Jun
Meatball Hoagie Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Potato Cubes & Ketchup Fresh Zucchini & Ranch Chilled Pears ALTERNATE: Turkey Club Sub	Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce ALTERNATE: Chicken Cheddar Wrap	BBQ Chicken WG Hamburger Bun Loaded Mashed Potatoes Fresh Broccoli Fresh Melon Ranch Dressing ALTERNATE: Roast Turkey And Cheese Sandwich	Chicken Patty Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes Ranch Dressing Mayo Packet ALTERNATE: Chicken Caesar Wrap	Italian Seasoned Beef WG Garlic Toast Grape Tomatoes Romaine & Iceberg Blend Fresh Orange Mozzarella Cheese Ranch Dressing ALTERNATE: Pizza or Turkey & Swiss Ciabatta
17-Jun	18-Jun	19-Jun	20-Jun	21-Jun
Cheeseburger Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Ranch Dressing ALTERNATE: Turkey Club Sub	BBQ Beef Riblet Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Ranch Dressing ALTERNATE: Chicken Cheddar Wrap	Omelette WG Pancake Romaine Salad Celery Sticks Fresh Orange Italian Dressing Syrup PC ALTERNATE: Roast Turkey And Cheese Sandwich	Chicken Strips Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce ALTERNATE: Chicken Caesar Wrap	Walking Taco Beef WG Nacho Chips Shredded Cheddar Cheese Shredded Romaine Fresh Carrot Stick Chilled Peaches Ranch Dressing ALTERNATE: Pizza or Turkey & Swiss Ciabatta
24-Jun	25-Jun	26-Jun	27-Jun	28-Jun
Turkey Mini Corn Dogs Vegetarian Baked Beans Fresh Carrots Fresh Apple Ketchup Ranch Dressing ALTERNATE: Southwest Chicken Wrap	BBQ Chicken Slider Mac & Cheese WG Hamburger Bun Jicama Zucchini Coins Fresh Banana Ranch Dressing ALTERNATE: Turkey Club Sub	Chicken Salad WG Hamburger Bun Broccoli Chilled Pineapple ALTERNATE: Chicken Cheddar Wrap	Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon ALTERNATE: Turkey & Spinach Sandwich	Italian Meatsauce WG Penne Pasta Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing ALTERNATE: Pizza or Turkey & Swiss Ciabatta

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.
 This institution is an equal opportunity provider.