December Breakfast Menu

Menu Subject to Change

Monday 11/28/22		Tuesday 11/29/22		Wednesday 11/30/22		Thursday 12/01/22		Friday 12/02/22	
WG French Toast Sticks	1 each	String Cheese	1 each	WG Blueberry Waffles	1 each	WG Bagel	1 each	Yogurt,	1 each
Hand Fruit	1 each	Coco Puffs Bar	1 each	Peach Cup	1 each	Strawberry Cream Cheese	1 each	WG Blueberry Muffin	1 each
Apple Juice	1 each	Fresh Apple	1 each	Orange Juice	1 each	Apple	1 each	Fresh Apple	1 each
						Raisins	1 each		
Monday 12/05/22		Tuesday 12/06/22		Wednesday 12/07/22		Thursday 12/08/22		Friday 12/09/22	
WG Cinnamon Apple Muffin	1 each	String Cheese	1 each	Banana Yogurt	1 each	WG Apple Strudel	1 each	WG Blueberry Waffles	1 each
String Cheese	1 each	Trix Cereal Bar	1 each	Apple Juice	1 each	Fresh Fruit	1 each	Peach Cup	1 each
Mixed Fruit Cup	1 each	Fresh Apple	1 each	Granola	1 each	Mixed Fruit Cup	1 each	Orange Juice	1 each
Apple Juice	1 each			Banana	1 each				
Monday 12/12/22		Tuesday 12/13/22		Wednesday 12/14/22		Thursday 12/15/22		Friday 12/16/22	
WG French Toast Sticks	1 each	String Cheese	1 each	WG Blueberry Waffles	1 each	WG Bagel	1 each	WG Cinnamon Apple Muffin	1 each
Hand Fruit	1 each	Coco Puffs Bar	1 each	Mixed Fruit Cup	1 each	Strawberry Cream Cheese	1 each	String Cheese	1 each
Apple Juice	1 each	Fresh Apple	1 each	Orange Juice	1 each	Fruit Cup	1 each	Fresh Apple	1 each
						Apple Juice	1 each		
Monday 12/19/22		Tuesday 12/20/22		Wednesday 12/21/22		Thursday 12/22/22		Friday 12/23/22	
No School		No School		No School		No School		No School	
Monday 12/26/22		Tuesday 12/27/22		Wednesday 12/28/22		Thursday 12/29/22		Friday 12/30/22	
No School		No School		No School		No School		No School	

Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen Vegetables (never canned!),100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.

Milk Variety served at every meal, fat free, skim 1% or flavored. All breads served are whole grain. This institution is an equal opportunity provider